

GITAM: GANDHI INSTITUTE OF TECHNOLOGY AND MANAGEMENT

(Deemed to be University u/s 3 of the UGC Act, 1956)

A Category – I Deemed to be University

Visakhapatnam | Hyderabad | Bengaluru

**The Policy for
Health, Well-being and Outreach activities**

Contents

1	Introduction	1
2	Objectives	1
3	Outreach Programmes by GITAM.....	2
3.2	Special programmes during the year 2022	3

1 Introduction

Higher education plays a pivotal role in facilitating social transformation and enabling upward mobility for individuals and, by extension, their families, and communities. Recognizing its significance, the National Education Policy of 2020 (NEP-2020) squarely addresses this matter. To prioritize the holistic well-being of students, NEP-2020 mandates the establishment of support centres and the availability of career counsellors in all higher education institutions (HEIs).

The primary challenge lies in establishing institutionalized frameworks, procedures, and practices that comprehensively safeguard students from various forms of threats and distress. These threats encompass physical harm, social challenges, discrimination, cultural disparities, and linguistic barriers, all of which can contribute to psychological distress among students. Hence, GITAM Deemed to be University is committed to ensure complete protection for students, thereby fostering an environment conducive to their academic and personal growth.

NEP-2020 recognizes that merely providing access to higher education is not enough; it must also ensure that students can pursue their educational goals free from harm and discrimination. To achieve this, GITAM Deemed to be University create an environment where students can work and study without the burden of physical or emotional threats, thereby fostering a congenial and inclusive atmosphere for all.

2 Objectives

The primary aim is to guarantee that all students enrolled in GITAM have fair and equitable access to high-quality mental health services. This objective places a special emphasis on:

Promoting Physical Fitness and Sports Activities for Students: Encouraging students to engage in physical fitness activities and sports as part of their overall well-being.

Creating Safeguards Against Various Pressures: Implementing measures to mitigate academic pressure, peer pressure, behavioural issues, stress, and concerns related to career choices.

In line with these objectives, GITAM actively engages in a range of outreach initiatives to enhance health and well-being. These activities encompass:

Hygiene: GITAM is committed to promoting good hygiene practices among its students, ensuring their well-being and health.

Nutrition: Encouraging students to maintain a balanced and nutritious diet, fostering their physical and mental health.

Sports and Exercise: GITAM recognizes the significance of physical activity and exercise in maintaining overall well-being and encourages students to participate actively in sports and exercise programs.

Aging Well: Acknowledging the importance of aging gracefully and healthily, GITAM offers resources and guidance for students to prepare for their future.

Wellbeing: In addition to physical health, GITAM places a strong emphasis on overall well-being, ensuring that students have access to resources and support that enhance their quality of life.

3 Outreach Programmes by GITAM

Outreach Programmes by GITAM for promotion of health, & wellbeing including hygiene, nutrition, family planning, sports, exercise, aging well, and wellbeing:

3.1 Continuous ongoing activities

Department of Community Medicine:

Web link: <https://gimsr.gitam.edu/aboutdepartment/Community-medicine>

Student Club of GIMSR:

The student club conducts regular social service activities like visit to orphanages, old age homes etc. to do service to the underprivileged and needy people for their wellbeing.

Web link: <https://gimsr.gitam.edu/Facilities/Helping-Hands>

GIMSR NSS student Unit

NSS GIMSR UNIT XVII is the team which stands tall in understanding and serving the society as a responsibility and help those in need.

Web link: <https://gimsr.gitam.edu/Facilities/nss>

3.2 Special programmes during the year 2022

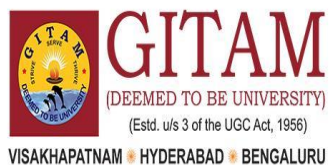
Event 1: Nutrition Week (September 1 -7), 2022

The Cookery Workshop for GITAMites

Venue: GIMSR Café, Visakhapatnam Campus

Women Empowerment Cell, GITAM (Deemed to be University), Visakhapatnam, celebrated National Nutrition Week from 1st to 7th September 2022 for GITAMites (staff, students, scholars - male & female). As part of the celebrations, WEC organised “The Cookery Workshop” for registered participants - 92 in total - at GIMSR Cafe on 1st, 2nd & 6th, 7th September (from 3:30 - 4:30 pm).

The initiative is the first of its kind and garnered acclaim across the Visakhapatnam campus. The Workshop included healthy and nutritious recipes - soups, salads, appetizers, main course and desserts - with a hands-on demonstration by the chefs of GIMSR Cafe. All four days, the workshop began with a talk by Dr Manasa, Dietician, GIMSR, who explained the nutrition values of the day’s menu. Mr Rupesh, the Executive Chef, GITAM, along with his team of chefs, hand-held the participants throughout the workshop duration. It was a fun-filled experience for all, and the participants loved the initiative.



National Nutrition Week 2022
(1st - 7th September)

The Cookery Workshop

Join us: Hands-cookery sessions on Healthy Eating -
A healthy future starts here

Who can register!: Free for all GITAMites (Women, Men, Girls & Boys)
Registrations limited to 20 Only

OK...What's on the Menu (A La Carte)!!

Day 1: September 1st (Thu): Soup and Salad (Staples, Millets, Greens, Fruits)

Day 2: September 2nd (Fri): Appetizer (Veg and Non-veg)

Day 3: September 6th (Tue): Main Course (Rice, Curry, Bread)

Day 4: September 7th (Wed): Dessert (Low sugar, Sugar-free)

Timing: All days 3:00 pm - 4:30 pm

SCAN HERE



Yum...so...Where's the kitchen!!!



Venue
GIMSR Cafe

REGISTER NOW





01/09/2022 15:35





మరణాలకు సూక్ష్మపోషకాల లోటుకారణం

సాగర్ నగర్, సెప్టెంబర్ 5 (ప్రభన్యూస్) దేశంలో 0.5 శాతం మరణాలకు సూక్ష్మ పోషకాహారం సరైన స్థాయిలో తీసుకోకపోవడం ప్రధాన కారణమని ముఖ్యంగా పోషకాహార లోపాలు బాలలు, మహిళల ఆరోగ్యంపై తీవ్ర ప్రభావాన్ని చూపుతున్నాయని గీతం విమెన్ ఎంపర్మెంట్ సెల్ (డబ్ల్యుఇసీ) ఛైర్ పర్సన్, బయోఇన్ఫర్మేటిక్స్ నిపుణురాలు డాక్టర్ సురేఖ చల్లా పేర్కొన్నారు. పోషకాహార వారోత్సవాలలో భాగంగా సోమవారం నిర్వహించిన వర్క్ షాప్ లో అమె ప్రసంగించారు. కేంద్రకుటుంబ ఆరోగ్య సంక్షేమ మంత్రిత్వ శాఖ జరిపిన సర్వేల ప్రకారం 6 నుంచి 59 నెలల మధ్య బాలలు, 15 నుంచి 49 సంవత్సరాల మధ్య వయస్సు గల మహిళలలో రక్త హీనత అధికంగా ఉన్నట్లు గుర్తించారని డాక్టర్ సురేఖ తెలిపారు. పోషకాహారం ముఖ్యంగా జింక్, బి12, విటమిన్ ఎ లోపాలు గలవారిలో మెదడు అభివృద్ధి చెందకపోవడం, శరీరంలో ఎదుగుదల మందగించడం, హార్మోన్ల సమస్యలు తలెత్తతాయని అమె పేర్కొన్నారు. బాలలకు, మహిళలకు పోషకాహారం తగినంత ఇవ్వడం ద్వారా దేశ విద్యా, ఆర్థిక, ఆరోగ్య రంగాలలో ప్రమాణాలు పెరుగుతాయన్నారు. గీతం విమెన్ ఎంపర్మెంట్ సెల్ కన్వీనర్ డాక్టర్ స్వాతి చిక్కాల్ మాట్లాడుతూ



పోషకాహారంపై అవగాహనలేక పరిశుభ్రత లేని ప్రాంతాలలో విక్రయించే తినుబండారాలపై బాలలు ఆసక్తి పెంచుకుని అనారోగ్యం పాలవుతున్నారని పేర్కొన్నారు. విటమిన్లు, సూక్ష్మపోషకాలు అధికంగా ఉండే తాజాపండ్లు, కూరగాయలతో పాటు చిరుధాన్యాలతో చేసిన మాల్ట్లను తీసుకోవడం ద్వారా పోషకాహార లోపాలను అధిగమించవచ్చునని తెలిపారు. సరైన పోషకాలు లభిస్తే బాలలలో మహిళలలో అనారోగ్యాలకు అడ్డుకట్ట వేయవచ్చునన్నారు. ఈ సందర్భంగా మహిళలకు పోషకాహార తయారీ పై శిక్షణ కార్యక్రమాన్ని నిర్వహించారు.

Event 2: National Nutrition week, September 1-7 2022**Theme: Celebrate a world of flavours****Activity: National Nutritional Week Activity,2022 at OPD Registration, GITAM Hospital by Department of Community Medicine, GIMSR.**

Objective: To create a wareness regarding healthy plate Posters related to anemia and nutrients are exhibited. Kids are made to play snakes and ladder, understanding harmful effects of junk food and benefits of healthy food .





Event 3. World Breast feeding week, August 1-7 2022

Theme: Step up for breastfeeding: educate and support

Activity: Rally on importance of breastfeeding in UHTC area, Health education to antenatal and postnatal mothers on the importance of breastfeeding at Anganwadi centres in RHTC area.





Event 3: World Breast feeding week, August 1-7 2021

Theme: Protect Breastfeeding: A Shared Responsibility

On the occasion of the World Breastfeeding week, the Department of Community Medicine, GIMSR conducted "Breastfeeding Awareness Campaign" at Urban health centre, Pedajalari Peta. Created awareness to the mothers and reproductive women about the importance of early initiation of breast milk will protect the baby from infectious diseases and increase intelligence and also explained the benefits of giving breast milk to mothers

తల్లిపాలు తాగే బిడ్డకు తెలివితేటలు ఎక్కువ జిమ్సర్ అవగాహన శిబిరంలో వైద్యులు

రుషికొండ, ఆగస్టు 5,
ప్రభాతవార్త

తల్లి పాలు తాగే బిడ్డకు మిగిలిన వారితో పోల్చితే సంపూర్ణ ఆరోగ్యంతో పాటు తెలివితేటలు అధికంగా ఉంటాయని ఊబకామం, మధుమేహం వంటివి దరి చేరవని గీతం ఇనిస్టిట్యూట్ ఆఫ్ మెడికల్ సైన్సెస్ అండ్ రీసెర్చ్ (జిమ్సర్) వైద్య నిపుణులు వెల్లడించారు.



ప్రపంచ తల్లిపాల వారోత్సవాల సందర్భంగా స్థానిక పెదజాలారి పేటలో జిమ్సర్ కమ్యూనిటీ మెడిసిన్ విభాగం గురువారం నిర్వహించిన అవగాహన శిబిరంలో పలువురు వైద్యులు ప్రసంగించారు. కమ్యూనిటీ మెడిసిన్ విభాగం అధిపతి డాక్టర్ ఎన్.జి.నాగమణి మాట్లాడుతూ జాతీయ కుటుంబ సంక్షేమ ఆరోగ్య సమాచారం ప్రకారం దేశంలో అప్పుడే పుట్టిన పిల్లలలో కేవలం 51శాతం మందికి మాత్రమే తల్లిపాలు లభ్యమవుతున్నాయన్నారు. బిడ్డ పుట్టిన మొదటి గంటలో తల్లిపాలు అందడం వల్ల ప్రపంచ వ్యాప్తంగా 8.2లక్షల మంది చిన్నారులు ప్రాణాలు రక్షించవచ్చునని తెలిపారు. పుట్టిన ఆరునెలల వరకు తల్లిపాలు లభించే పిల్లలకు ఏ విధమైన రోగాలు దరిచేరవని పేర్కొన్నారు. వట్టణ ఆరోగ్య కేంద్రం ఇన్చార్జి వైద్యాధికారిణి డాక్టర్ వి.శారద మాట్లాడుతూ తల్లి పాలు ద్వారా కోవిడ్-19 వ్యాప్తి చెందదని తెలిపారు. బిడ్డకు పాలివ్వడం వల్ల తల్లికి రొమ్ము సంబంధమైన కేన్సర్ వ్యాధులు దరి చేరవని తెలిపారు. ఈ సందర్భంగా మహిళలకు తల్లిపాలు ఆందించడంపై సూచనలు చేశారు. జిమ్సర్ వైద్యనిపుణులు డాక్టర్ చైతన్య, డాక్టర్ లక్ష్మీరాజ్య తదితరులు పాల్గొన్నారు.



Thu, 05 August 2021

<https://epaper.vaartha.com/c/62285218>



Event 4: World ORS day, July 31, 2022

Theme: Jodi No.1: ORS&ZINC

On the occasion of the World ORS day, the Department of Community Medicine, GIMSR conducted “ ORS Awareness Campaign” at Urban health centre, Pedajalari peta and explained how and when to use ORS to the community especially young Mothers to prevent dehydration and It is a cost effective approach to prevent dehydration during diarrhoea.

ఓఆర్ఎస్పై అవగాహన



మాట్లాడుతున్న డాక్టర్ మురళీమోహనరావు

మహారాణిపేట: జింక్ నీరు లవణాలను మెరుగుపరుస్తుందిని ఇండియన్ మెడికల్ అసోసియేషన్ జిల్లా కోశాధికారి, కరోనా పరీక్షల విభాగం ఇన్చార్జి డాక్టర్ ఎం.మురళీమోహన్ రావు అన్నారు. పెదజాలరిపేటలోని అర్బన్ హెల్త్ సెంటర్లో శనివారం నిర్వహించిన కార్యక్రమంలో ఆయన మాట్లాడారు. గర్భిణులు, బాలింతలు, పిల్లలకు హ్యాండ్‌వాష్ టెక్నిక్‌ను వివరించారు. ఓఆర్ఎస్ జింక్ మాత్రల ప్రాధాన్యాన్ని వివరించారు. కార్యక్రమంలో గౌరవ కాలజిస్ట్ డాక్టర్ లక్ష్మీరాజ్యం, సిబ్బంది పాల్గొన్నారు.

Event 5: World Environment Day, June 5 2022

Theme: Only one earth

Activity: Beach cleaning activity by department of community medicine along with house surgeons.

On the occasion of the WORLD ENVIRONMENT DAY , the Department of Community Medicine, GIMSR conducted environment-friendly activities like beach Cleaning at Rushikonda beach corridor and explained the community the importance of a clean beach and surrounding environment.



Event 6: World Health day, April 7, 2022**World health day theme: Our plant our health**

Activity: Poster presentation competition for MBBS students on the theme

World health day we conducted poster competition for MBBS students and prizes were distributed for the students who represented and explained well in the competition.

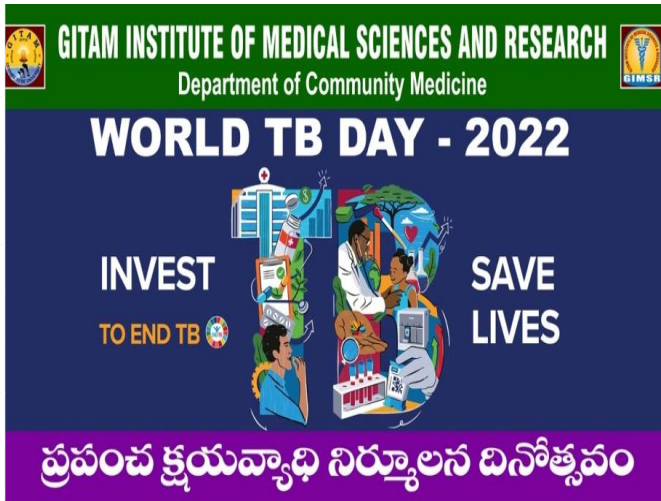


Event 7: World TB Day, March 24, 2022

Report of the activities done on occasion of World TB Day 2022 - March 24th

Urban Health Training Center Activities

The department of Community Medicine, GIMSR conducted health education activities to improve awareness regarding Tuberculosis among public on occasion of World TB day 2022-Theme "Invest to End TB. Save Lives." The Interns, MBBS students participated in the activities like poster presentation and role play to educate public. The activities are conducted at GIMSR hospital and at UHTC Pedajalaripeta under the supervision of Dr.N.Dwarakanath, Superintendent GITAM Hospital ; Dr.I Jyothipadmaja, Principal GIMSR; Dr.N.G.Nagamani, Professor & HOD, Department of Community Medicine



Event 8: BREAST CANCER AWARENESS MONTH , October 23rd 2021

On the occasion of the BREAST CANCER AWARENESS MONTH, the Department of Community Medicine, GIMSR conducted “ Breast Cancer Awareness Campaign” at Urban health centre, Pedajalari peta on October 23rd 2021.

The activities were conducted by Dr.V.B Srividya ,Dr.V.Sarada and Dr. Lakshmi Rajyam under the guidance of the Head of Department Dr.N.G.Nagamani. Interns were involved in creating awareness among public regarding breast cancer through innovative charts and education material.





Event 9: World Sight Day, October 13, 2022

World sight day activities conducted in Pedajalaripeta UHTC and created awareness about the importance of eye care and nutritious foods containing vit A to prevent eye problems. Wearing eye-protecting goggles and decrease screen time will increase eye health.

కంటి వ్యాధులపై అప్రమత్తంగా ఉండాలి



విశాఖపట్నం, అక్టోబర్ 13 (ప్రభుత్వస్థానం): మానవ శరీరంలో అత్యంత కీలకమైన జ్ఞానేంద్రియంగా ఉన్న కంటి పరిరక్షణ విషయంలో ప్రతి ఒక్కరూ అప్రమత్తంగా ఉండాలని సీనియర్ మెడికల్ ఆఫీసర్ డాక్టర్ ఎంవీవీ మురళీకృష్ణ అన్నారు. ప్రప

ంచ దృష్టి దినోత్సవం సందర్భంగా గురువారం నగరంలోని పేదజాలరిపేట అర్బన్ హెల్త్ సెంటర్ లో కంటి వెలుగుకు సంబంధించిన అంశాలపై స్థానిక ప్రజలకు అవగాహన కల్పించారు. తీసుకోవాలన్నాడు. విటమిన్-ఎ ఉన్న పదార్థాలను అధికంగా తీసుకోవాలని కోరారు. అదే విధంగా ఎలక్ట్రానిక్ వస్తువులు వినియోగించే వారంతా మరింత జాగ్రత్తలు పాటించాలన్నారు. దృష్టి సమస్యలతో బాధపడుతున్నారని, వాటి నివారణకు ఎప్పటికప్పుడు వైద్యుల సూచనలు, సలహాలు పాటించాలన్నారు. ఈ సమావేశంలో ఆసుపత్రి వైద్యులు, సిబ్బంది, స్థానిక ప్రజలు పాల్గొన్నారు.



Event 10: World Diabetes Day, November 14, 2022**Theme: Education to protect tomorrow**

World Diabetes day Conducted at Pedajalaripeta UHTC to create awareness about low glycemic index foods , self care in diabetes and how to prevent complications for the known diabetics. and created awareness symptoms of hypoglycemia. Conducted screening activities based on the risk factors for community.





EVENT 11: Health Check-Ups and Consultations for Pregnant and Lactating Women Nutrition Kits Distribution to Pregnant Women at Jalarpet, Pedawaltair

Public Web link: <https://campusconnect.gitam.edu/september-2022/#>

As part of National Nutrition Week, 2022, Women Empowerment Cell, GITAM (Deemed to be University), Visakhapatnam, organised a Community Outreach Programme, at Jalarpet, Peda Waltair, Visakhapatnam.

Shri M. Sri Bharat, Honourable President of GITAM (Deemed to be University), presented Nutrition kits to 80 pregnant women from the underprivileged communities of Jalarpet. This was followed by free health check-ups and consultations for pregnant and lactating women by our GIMSR doctors from the Departments of Gynaecology and General Medicine.

Prof. Y. Gauthama Rao, Pro-Vice Chancellor, GITAM, Prof. D Gunasekaran, Registrar, GITAM, Dr.T.Radha and her colleagues from Department of Gynaecology, Dr. P. Manasa Lakshmi, Dietician and doctors from Department of Community medicine, GIMSR joined thehonourable President of GITAM in the noble cause.





Event 12: International Webinar on “Stress & Coping: Strategies to De-Stress”

'Title of the Programme': International Webinar on “Stress & Coping: Strategies to De-Stress”

Venue: Zoom Webinar Platform

Women Empowerment Cell, GITAM Deemed to be University, Visakhapatnam, organised a virtual Workshop, “Stress & Coping: Strategies to De-Stress” for the faculty of Higher Education across the globe. The objective is to facilitate understanding of stress and help apply coping strategies at personal and professional level for holistic wellness. The awareness is not only to increase job productivity, but also for the general well-being of an individual.

The Workshop was inaugurated at 9:00 am on 12th June 2021 by the Honorable President of GITAM, Shri. M. Sri Bharat and Honourable Vice-Chancellor of GITAM, Prof. K. Siva Rama Krishna. Dr. Stephanie M Le Melle delivered her keynote address on ‘Women Empowerment: Stress & Coping’. Dr Stephanie explained many roles played by women majorly in three domains. A woman’s role in family - taking care of Children, Elders, Spouse, Home etc., and her role in Social, Political & Community; in Celebrations, friendships, Nurturing the Connections of Community have been elucidated. How effectively women are accomplishing the assigned duties and how effectively they are playing those roles have been described by the speaker. The need for self-care and wellness for women was emphasized. Dr. Sasidhar Gunturu began his keynote speech titled ‘Stress and Strategies to De-stress’ by defining what stress is in simple and understandable words. He explained a term pandemic brain fog which includes difficulty in planning, difficulty in getting things done, overtly worried about the future and procrastination. The speaker gave courage to the people by saying that Covid 19 is attacking most of the people. So, one need not worry that he/she is the only victim. He said that 76% of Americans say Covid is a significant stressor.

The 2 -day Workshop saw eminent Resource Persons across India who interacted with the participants and gave them useful tips on topics: Psychometric Assessment of Stress and Coping, Teacher Stress & Well-Being, Effects of Stress on Physical Health, Managing Teacher Stress, Stress Management Through Yoga, Psychiatric Consequences of Stress & Stress Management Techniques, Power of Breath for

Stress Management, and Understanding the Nature of Stress in Classrooms.

Organised by: Women Empowerment Cell, GITAM, Visakhapatnam

JOIN THE INAUGURAL WEC WORKSHOP
ON THE MUCH-NEEDED TOPIC OF

STRESS & COPING: Strategies to De-Stress

Women Empowerment Cell, GITAM (Deemed to be University), Visakhapatnam cordially invites you to the Inauguration of International Workshop on "Stress & Coping: Strategies to De-Stress". Learn the proven ways of dealing with and beating stress in the current situation, from an internationally acclaimed panel.

DATE & TIME: 12th June 2021. 9:00 AM onwards.

Platform: Zoom

Chief Guest

Shri. M Sri Bharat President, GITAM

Guest of Honour

Prof. K Siva Rama Krishna Vice-Chancellor, GITAM

Keynote Speakers

Dr. Stephanie M. Le Melle
MD, Director of Public Psychiatry Education
Associate Professor of Clinical Psychiatry
Columbia University Medical Center
State Psychiatric Institute, USA

Dr. Sasidhar Gunturu
MD, Director of Psychiatric Integrative Services
and Community Psychiatry,
Associate Director for Residency Training at
BronxCare Health System.
Columbia University, USA

Scan this QR Code
to register.



‘Covid is exposing women to greater health risks’

HANS NEWS SERVICE
VISAKHAPATNAM

COVID-19 is exposing women to greater health risks, threatening livelihoods, gender-based violence and forcing them and children into extreme poverty, particularly those living in the marginalised communities, observed Dr. Stephanie M Le Melle, Columbia University Medical Center Public Psychiatry Education Director and Clinical Psychiatry Associate Professor here on Saturday.

Delivering a keynote address at the global workshop on ‘Stress coping: strategies to de-stress’ organised by GITAM Deemed to be University’s women empowerment cell, she mentioned 10 per cent of working women

● 54 per cent of women lost their jobs during the pandemic globally according to recent studies, points out Dr. Stephanie M Le Melle of Columbia University

missed work weekly to meet childcare needs.

Referring to the recent studies, she said 54 per cent of women lost their jobs during the pandemic globally.

Addressing the participants, GITAM president M Sriharath said Covid-19 pandemic caused tremendous psychological pressure on students and the academic community as they face a unique set of challenges and lack awareness on how to deal with the same. Further, he said the institu-

tion was considering all precautions to handle the stress through various platforms.

The institution’s Vice-Chancellor K Sivaramakrishna said health was not only influenced by the physical body but the spiritual, mental and social relations should be accorded equal priority. Columbia University Psychiatric Integrative Services Director Dr. Sasidhar Gunturu and Tata Institute of Social Sciences (TISS) Center for Excellence in Teacher Education Associate Professor Gomathi Jatin shared insights about the subject.

The institution’s School of Gandhian Studies director Dr Nalini Bikkina said maintain levels of stress needed to face challenges in life and for professional growth.



In summary, GITAM is dedicated to ensuring that students not only have access to quality mental health services but also benefit from a holistic approach to well-being, encompassing physical fitness, academic support, and various health-related outreach activities.

Experts stress on alleviating anxiety through meditation

VISAKHAPATNAM: Helping others during the Covid-19 crisis can help one's own emotional, financial well-being, particularly helping others in a crisis can be an effective way to alleviate stress and anxiety, suggested psychiatrist G Bhagya Rao here on Sunday.

Delivering a special talk in a global workshop on 'Stress coping strategies to de-stress' organised by GITAM Deemed to be University's Women Empowerment Cell, he informed that finding ways to give back during COVID-19 will help lower one's own anxiety and stress. Sharing his recent observations, Dr Bhagya Rao said 30 per cent of patients were under mental stress because of illness, living situation and financial issues. He mentioned that instead of using medicines to cope with stress related problems, one can practice meditation and help lead a peaceful and meaningful life. Addressing the participants, Clinical psychiatrist at Ambedkar University-Delhi Dr Shefali Singh informed that the shift to virtual mode was causing stress and workload to the teaching community. "We must create a new knowledge environment to overcome the stress levels," she added. Art of Living faculty S Harish, GITAM Women Empowerment Cell chairperson Challa Surekha and workshop convener Swathi Chikkala participated.

కౌన్సెలింగ్ ద్వారా విద్యార్థులలో మానసిక ఒత్తిళ్లు దూరం

» గీతం విద్యాసంస్థల

అధ్యక్షుడు ఎం.శ్రీభరత్



సాగర్ నగర్, జూన్ 12:

మనదేశంలోని విద్యార్థుల మానసిక పరిస్థితులపై ముఖ్యంగా ఒత్తిళ్లపై కొవిడ్-19 మహమ్మారి తీవ్ర ప్రభావం చూపుతోంది. సరైన కౌన్సెలింగ్ ఇవ్వడం ద్వారా ఈ ఒత్తిళ్లను దూరం చేయవచ్చునని గీతం విద్యాసంస్థల అధ్యక్షుడు ఎం.శ్రీభరత్ పేర్కొన్నారు. గీతం డీప్స్ విశ్వవిద్యాలయం మహిళా సాహిత్య విభాగం రెండు రోజుల పాటు నిర్వహిస్తున్న 'విద్యారంగంలో ఒత్తిళ్ల ప్రభావం-ఎదుర్కొనే విధానం' అనే ప్రపంచ స్థాయి ఆన్లైన్ వర్క్ షాపును శనివారం ఆయన ప్రారంభించి మాట్లాడారు. దేశంలోని విద్యాలయాలలో మానసిక ఒత్తిళ్లకు కౌన్సెలింగ్ ఇచ్చే విధానమేదీ లేకపోవడం, కుటుంబ వారావరణంలోనూ మానసిక అంశాలను అర్థం చేసుకునే పరిస్థితులు అధినుంచి

లేకపోవడంతో ప్రస్తుత సంక్షోభంలో విద్యార్థులకు మార్గదర్శకం కరవవుతోందని ఆవేదన వ్యక్తం చేశారు. శారీరక ఆరోగ్యంతో పాటు మానసిక ఆరోగ్యం సమస్యల్లో ఉన్నప్పుడే ఒత్తిళ్లను తట్టుకో గలమున్నారు. గీతం వీసీ ప్రొఫెసర్ కె.శివరామకృష్ణ మాట్లాడుతూ శారీరకంగా, మానసికంగానే కాకుండా ఆధ్యాత్మికంగా, సామాజికంగా సమతుల్యతలో ఉన్న వారు ఒత్తిళ్లను సమర్థంగా ఎదుర్కోగలరని పేర్కొన్నారు. గీతం స్కూల్ ఆఫ్ గాంధీయన్ స్టడీస్ డైరెక్టర్ డాక్టర్ చినశివ మాట్లాడుతూ పరిమిత స్థాయిలో జీవితంలో ఒత్తిడి మేలు చేస్తుందని, వృత్తిలో రాజీనామానికి కారణమవుతుందన్నారు. ఇంకా ముంబై టాటా ఇన్స్టిట్యూట్ ఆఫ్ సోషల్ సైన్సెస్ కు చెందిన టీవర్ ప్రొఫెసర్ డాక్టర్ గోమతి జలిస్, డాక్టర్ సీపెసీయాలామెల్లీ, డాక్టర్ జి.శశిధర్ తదితరులు ప్రసంగించారు. కార్యక్రమానికి గీతం మహిళా సాహిత్య విభాగం చైర్పర్సన్ ప్రొఫెసర్ చల్లా సురేఖ అధ్యక్షత వహించగా కన్వీనర్ డాక్టర్ స్వాతి చిక్కాల సందానకర్తగా వ్యవహరించారు.

కోవిడ్ రోగులలో తీవ్ర మానసిక వత్తిడులు గీతం వర్క్ షాప్ లో మానసిక నిపుణుడు డాక్టర్ భాగ్యారావు

రుషికొండ, జూన్ 13,

ప్రభాతవార్త
కోవిడ్ 19 సమయంలో తలెత్తే ఆనాలోగ్గ ఆర్థిక సమస్యల కారణంగా 30శాతం మంది రోగులు తీవ్రమానసిక వత్తిడులకు గురైనట్లు గుర్తించామని ఇది కొందరిలో ఆత్మహత్యలకు సహితం దారితీసిందని ప్రముఖ మానసిక వైద్య నిపుణుడు డాక్టర్ జి.భాగ్యారావు పేర్కొన్నారు. గీతం డీప్లీ విశ్వవిద్యాలయం మహిళా సాధికారక విభాగం (విమెన్ ఎంపవర్మెంట్ సెల్) నిర్వహిస్తున్న ప్రపంచ స్థాయి కార్యకాల (వర్క్ షాప్) రెండవరోజైన ఆదివారం తెలిపారు. జీవితంలో వత్తిడులు తగుస్థాయిలో ఉండటం మంచిదని ఐతే ఆర్థిక ఆనాలోగ్గ సమస్యలతో పాటు కుటుంబంలో వరసర అవగాహన కోరవడం వృత్తి పరమైన సవాళ్ళు తీవ్ర వత్తిడులకు దారి తీస్తున్నాయని పేర్కొన్నారు. చిన్నపిల్లలు సహితం వత్తిడులకు లోనవుతున్నారని పేర్కొన్నారు. వత్తిడుల వల్ల ఎదురయ్యే వివిధ శారీరక, మానసిక సమస్యలను ఆయన వివరిస్తూ వాటికి మందుల కంటే వ్యాయామం, ధ్యానం, యోగ సేవా కార్యక్రమాలలో పాల్గొనడం వాగా పనిచేస్తాయన్నారు. ప్రతి ఒక్కరూ తమను తమ జీవితానిన ప్రేమించడం అలవాటు చేసుకోవాలని తద్వారా పాజిటివ్ ఆలోచనలు పెరిగివత్తిడి దూరమవుతుందన్నారు. డిల్లీలోని ఆంజెద్గర్ విశ్వవిద్యాలయం మానసిక డిజిటల్ నిపుణురాలు డాక్టర్ పెఫాలీ సింగ్ మాట్లాడుతూ కోవిడ్ 19 సమయంలో విద్యావిధానం మార్చావుగా ఆన్ లైన్ కు మారడం అధ్యాపకులపైన విద్యార్థులపైన వత్తిడి పెంచుతోందన్నారు. తరగతి గదిలో ముఖాముఖి చర్చల ద్వారా విద్యార్థుల ప్రతిభను సామర్థ్యాన్ని గుర్తించే వీలు ఉంటుందన్నారు. ఆన్ లైన్ విద్యలో విద్యార్థికి అధ్యాపకులకు మధ్య అగాధం పెరుగుతోందని అభిప్రాయపడ్డారు. వత్తిడులను గురితాపడం స్వజనాత్మక ఆలోచనలను బెట్టుతీస్తుందన్నారు. విశ్వవిద్యాలయాలు వత్తిడుల నివారణకు అత్యవసరం అవుతున్నాయి. ఆర్ట్ ఆఫ్ లివింగ్ నిపుణుడు హారిష్ శరణం మాట్లాడుతూ డిజిటల్ సాధనలు ఉంటే మనసు కూడా ఖాళీగా ప్రకాశంతంగా ఉంటుందన్నారు. శక్తిని మించి పని చేయవలసి వస్తే తమ చుట్టూ ఉండే వారి సహాయం కోరడం, మొత్తం ఒక్కరే పని భారం తీసుకోవలసిన స్థితి ఏర్పడితే వ్యక్తిగత సామర్థ్యాన్ని పెంపొందించు కోవడం అవసరమన్నారు. గీతం సూల్ ఆఫ్ గాంధీయన్ స్పీడిస్ అట్టెడ్ సైకాలజీ విభాగం యోగ నిపుణురాలు డాక్టర్ ఘోస్వినీరాణి వత్తిడులను దూరం చేసుకోవడానికి యోగ మార్గం ఎలా ఉపయోగపడుతుందో వివరించింది. జీమ్సర్ ఆసుపత్రి మానసిక వైద్య నిపుణురాలు డాక్టర్ పి.అర్చన, మద్రాసు, ఐఐఐఐ అండ్ థాపా విభాగం ప్రొఫెసర్ ఎస్.పి.ధనవేల్ గీతం మహిళా సాధికారక విభాగం డైరెక్టర్ న ప్రొఫెసర్ చల్లా సురేఖ, వర్క్ షాప్ కన్వీనర్ డాక్టర్ స్వాతి చిక్కల తదితరులు పాల్గొని ప్రసంగించారు.



List of Participants/Registrations:

Name	Country	State	City	Department	Designation	Institute / College / University
Dr C Raghavendra	India	Andhra Pradesh	Visakhapatnam	English	Assistant Professor	School of Gandhian Studies GITAM Visakhapatnam
Madhu Kumar Kallakuri	India	Andhra Pradesh	Srikakulam	Humanities and Basic Sciences	Associate Professor	Sri Sivani College of Engineering
Hari Kumar Barri	India	Andhra Pradesh	Vizianagaram	English	Assistant Professor	Mvgr college of ENGINEERING
Dr A Venugopal Reddy	India	Andhra Pradesh	Tirupati	English	Associate Professor	S V College of Engineering
S B Choudar I Duvvada	India	Andhra Pradesh	Srikakulam	English	Teaching Assistant Of English	ANGRAU AGRICULTURAL COLLEGE
Dramitta Raj Garggey	India	Maharashtra	Pune	English	Ex Principal	Dvp art science and commerce college pune
Neelima Akula	India	Andhra Pradesh	Srikakulam	English	Lecturer In English	Gayatri College of Science and Management
Nawin Kumar Goray	India	Andhra Pradesh	Visakhapatnam	Architecture	Assistant Professor	GITAM School of Architecture
Ar Kanaka Nageswara Rao Arerapu	India	Andhra Pradesh	Visakhapatnam	GITAM School of Architecture	Associate Professor	GITAM Visakhapatnam
Mr B Lakshmana Rao	India	Andhra Pradesh	Razam	English	Assistant Professor	GMR Institute of Technology
Sudha Singh	India	Andhra Pradesh	Visakhapatnam	English	Assistant Professor	ANITS
Maruvada Seshashaye E	India	Andhra Pradesh	Visakhapatnam	Computer Science	Assistant Professor	GITAM Institute of Science

Ch Ganeswara Rao	India	Andhra Pradesh	Visakhapatnam	English	Assistant Professor	School of Gandhian Studies GITAM UNIVERSITY
Manasi Gosavi	India	Maharashtra	Pune	Psychology	Student	MIT Pune
Santosh Parhad	India	Maharashtra	Digras	Social science	Msw	Podar International School
Sujatha Lokanadha M	India	Andhra Pradesh	Vizianagaram	English and Humanities	Assistant Professor	MVGR College of Engineering A
Dr Amit Kashyap	India	Maharashtra	Pune	Law	Assistant Professor Of Law	Army Law College Pune Maharashtra India
Dr Amit Kashyap	India	Maharashtra	Pune	Law	Assistant Professor	Army law college pune
Dr B Venkata Ramana	India	Andhra Pradesh	Visakhapatnam	English	Assistant Professor	GSGS GITAM Deemed to be University
Mrs Shashi Bala	India	Punjab	Ludhiana	Botany	Assistant Professor Of Botany	SCD Govt College Ludhiana Punjab India
Thotapalli Pavithra	India	Andhra Pradesh	Tirupati	EEE	Student	SVCE
Mrs Shashi Bala	India	Maharashtra	Pune	Botany	Assistant Professor	Scd government college ludhiana Punjab
Gowthami	India	Andhra Pradesh	Madanapalle	Electronics and communication engineering	Gowthami	Aditya college of engineering MADANAPALLE
Subhashini Akurathi	India	Andhra Pradesh	Visakhapatnam	Psychology	Tta	Andhra university
S N R G Bharat Iragavar Apu	India	Andhra Pradesh	Visakhapatnam	Mathematics	Assistant Professor	Gayatri Vidya Parishad College of Engineering
Kameswari V R M	India	Andhra Pradesh	Visakhapatnam	Mathematics	Associate Professor	GITAM University
Anshul Rana	India	Punjab	Firozpur	Department of Education	Student	Government College of Education Chandigarh
Mahendra Dattatraya Shete	India	Maharashtra	Pune	SHES	Assistant Professor	MITAoE
Kasi Srinivasa Rao	India	Andhra Pradesh	RAJAM	MATHEMATICS	Selection Grade Lecturer	Sri G C S R COLLEGE

Souparni Panigrahi	India	Andhra Pradesh	Visakhapatnam	English	Assistant Professor	Dadi Institute of Engineering and Technology
Dr Kv Sandhyavan I	India	Andhra Pradesh	Visakhapatnam	Human Resource management	Assistant Professor	GITAM Institute of Management
Dr Kadimpal Li Rajubabu	India	Andhra Pradesh	Visakhapatnam	Dept of commerce and management studies	Scholar	Au
Paul Armstrong T	India	Andhra Pradesh	Nellore	English	Freelancer	Freelancer
Dr Chitra Krishnan	India	Andhra Pradesh	Visakhapatnam	English	Assistant Professor	GSGS Gitam UNIVERSITY
Dr Parimala Venu	India	Andhra Pradesh	Visakhapatnam	English	Associate Professor	GITAM UNIVERSITY
Dr S T Naidu	India	Andhra Pradesh	Visakhapatnam	HRM	Ceo	Nobel Institute of Management Science
Dr Suresh Pandurang Patil	India	Maharashtra	PethVadgaon	English	Assistant Professor	Shri Vijaysinha Yadav College PethVadgaon
Thalluri Chaitanya	India	Andhra Pradesh	Visakhapatnam	Cse	Asst Prof	Vizag institute of technology
Dr A Sairoop	India	Andhra Pradesh	Visakhapatnam	Management Studies	Associate Professor	GVP Collge
Mandale Eka Lalitha Kavya	India	Andhra Pradesh	Visakhapatnam	HR	Recruiter	ACCTPRO
Alla Bharathi	India	Andhra Pradesh	Visakhapatnam	Bsh	Assistant Professor	Miracle educational society group of institutions
Dr Hariharan Avlnsh	India	Andhra Pradesh	Visakhapatnam	Chemistry	Professor	GIS
Ajhansilaks Hmi	India	Andhra Pradesh	Visakhapatnam	Nursing department	Assistant Professor	Gitam school of nursing
Ch Lavanya	India	Andhra Pradesh	Visakhapatnam	NURSING	Associate Professor	Gitam Institute of nursing
Dr Suvarna Shikare	India	Maharashtra	Pune	Education	Assistant Professor	Tilak College of Education pune Maharashtra
Shweta S Ghosh	India	West Bengal	Kolkata	Human Resources	Director	IIM Lucknow
Venkateswarlu K	India	Andhra Pradesh	Visakhapatnam	CSE	Assistant Professor	GITAM Institute of Technology

Krishna Kumari Bandaru	India	Andhra Pradesh	Visakhapatnam	HRM	Assistant Professor	GIM
Dr K Suneetha Reddy	India	Andhra Pradesh	Tirupati	Science and Humanities	Professor And Hod	Sri Venkateswara Engineering College
Venkata Shravya Bhuvanagiri	India	Telangana	Hyderabad	HR	Sourcing Specialist	Kelly
Kadiri Sumathi	India	Andhra Pradesh	Cuddapah	English	Teacher	Tribal welfare school
Sangeeta Prasad	India	Maharashtra	Pune	MITCOM	Visiting Faculty	MIT ADT PUNE
Chetana Harika Oruganti	India	Andhra Pradesh	Visakhapatnam	GCGC	Senior Trainer	GITAM
Ksnvl Lavanya Kumari	India	Andhra Pradesh	Visakhapatnam	BsH	Assistant Professor	Vignan Institute of Information and Technology
N Natesh Kumar	India	Andhra Pradesh	Visakhapatnam	ENGLISH	Assistant Professor	SGS GITAM DEEMED UNIVERSITY VISAKHAPATNAM
Dr Satish Janjeti	India	Andhra Pradesh	Visakhapatnam	Mathematics	Assistant Professor	Gayatri vidya parishad college of Engineering
Dr Satish Janjeti	India	Andhra Pradesh	Visakhapatnam	Mathematics	Assistant Professor	Gayatri vidya parishad college of Engineering
N Natesh Kumar	India	Andhra Pradesh	Visakhapatnam	ENGLISH	Assistant Professor	SGS GITAM DEEMED UNIVERSITY VISAKHAPATNAM
Dr Aarti Patel	India	Madhya Pradesh	Jabalpur	English	Associate Professor	G S College of Commerce and Economics Autonomous
Nagaraj U Mudhiri	India	Telangana	Warangal	English	Principal	Progress institutions
Nagaraj U Mudhiri	India	Telangana	Warangal	English	Principal	Progress institutions
Sriakshmi Battula	India	Andhra Pradesh	Visakhapatnam	nursing	Assistant Professor	GITAM institute of nursing
Dr Pawel Veliventi	India	Andhra Pradesh	Vijayawada	English	Associate Professor	LBR College of Engineering
P Mounika	India	Andhra Pradesh	Visakhapatnam	Mathematics	Research Scholar	Andhra university

Katari Kantha	India	Andhra Pradesh	Nellore	Community health nursing	Associate Professor	NARAYANA COLLEGE OF NURSING
E Jesse Daniel	India	Andhra Pradesh	Kakinada	INTERMEDIATE EDUCATION	Junior Lecturer	Govt Vocational Junior College
P Navyajyothi	India	Telangana	Hyderabad	mba	Mba	kakatiya university
Dr J Jasmine	India	Andhra Pradesh	Pondicherry	Medical and surgical Nursing	Professor	MTPGRIH
Dr Reddi Sekhar Reddy G	India	Karnataka	Bengaluru	Sciences and Humanities	Associate Professor Of English	Christ University
Rakesh Davera	India	Telangana	Hyderabad	Finance	Mba	kakatiya university
Polipelly Yashasvi	India	Telangana	Adilabad	Mba	Student	Kakatiya University
Arumugam Indira	India	Andhra Pradesh	Nellore	Medical and surgical Nursing	Nursing Dean	NARAYANA COLLEGE OF NURSING
Pothu Vyshali	India	Telangana	Jagtial	Commerce	Student	UCCBM KU
Jyothsna Mallela	India	Andhra Pradesh	Visakhapatnam	Dept of Marketing	Professor	GITAM Institute of Management
Sudha Mavuri	India	Andhra Pradesh	Visakhapatnam	Entrepreneurship	Assistant Professor	GIM
Mamatha Yadav	India	Telangana	Hyderabad	HR	Manager Hr	Icfai
Pasupuleti Varshitha	India	Telangana	Khammam	MBA	Student	Kakatiya University
Dravlal	India	Andhra Pradesh	Guntur	MBA	Assistant Professor	KL University
Dr T Suneetha	India	Andhra Pradesh	Pulivendla	Mathematics	Lecturer	Loyola Degree College
Vasantha Lakshmi Patibandla	India	Maharashtra	Thane	International Business	Assistant Professor	Itm business school
Bhasuru Sulochana	India	Andhra Pradesh	Ongole	The Department of English	Lecturer In English	DSGDC ONGOLE
Vemuri Venkata Subbaray A Santosh Kumar	India	Andhra Pradesh	Tirupati	Dept of English	English Language Trainer	RATNAM EDUCATIONAL INSTITUTIONS
Navya Bandreddi	India	Andhra Pradesh	Visakhapatnam	BBA cima	Student	Gitam

Madhu Sudhan Rao Rajana	India	Andhra Pradesh	Visakhapatnam	Training	Trainer	CTC Training Resources Pvt Ltd
Sandeep Gane	India	Andhra Pradesh	Visakhapatnam	Human Resource	Hr Manager	Novotel Visakhapatnam
M Nagaraju	India	Telangana	Hyderabad	English	Former Principal	Government of Telangana
Dr Saikumar Rudrabhatl A	India	Andhra Pradesh	Guntur	Department of Arts	Associate Professor	K L Deemed to be University Vaddeswaram
Bhargavi	India	Andhra Pradesh	Visakhapatnam	English	Teacher	The Presidential School
Mirthinti Lalitha Sridevi	India	Telangana	Hyderabad	English	Assistant Professor	GSHS GITAM Hyderabad
Dr Yamuna Kilaru	India	Andhra Pradesh	Kakinada	Economics	Assistant Professor	ASD Government Degree College for Women Autonomous
Dr Umadevi Nistala	India	Andhra Pradesh	Vijayawada	Mathematics	Mnc	Cheg India capital private limited
Dr Steeven Raju	India	Andhra Pradesh	Kakinada	Economics	Assistant Professor	Ideal College of Arts and Sciences Kakinada
Praveena Sahu	India	Andhra Pradesh	Visakhapatnam	IT	Sr Software Engineer	Samatha
Bimal Meher	India	Odisha	Athmallik	Department of management	Bimal Meher	Pondicherry university
Phool Hasan	India	Uttar Pradesh	Rampur	Management	Student	University
Matta Keerthi Sai	India	Andhra Pradesh	Visakhapatnam	MBA	Student	GITAM university
Dr M Sudhakar Reddy	India	Andhra Pradesh	Rayachoti	Mathematics	Assistant Director	Sri Sai Institute of Technology and Science
P Gopikrishn A	India	Tamil Nadu	Vellore	SSL	Phd Scholar	Vellore Institute of Technology
Thilagam Dayalan	India	Tamil Nadu	Kanchipuram	English	Guest Faculty	SCSVMV
Satish Muppidi	India	Andhra Pradesh	Razam	Computer Science and Engineering	Assistant Professor	GMR Institute of Technology

Rama Durga Sirisha Reddy	India	Andhra Pradesh	Kakinada	Commerce	Lecturer	ASD GOVERNMENT DEGREE COLLEGE FOR WOMEN KAKINADA
Dadireddy Swathi	India	Andhra Pradesh	Kurnool	Statistics	Student	Sri venkateswara university
Seshasailaja Josyulu	India	Andhra Pradesh	Vizianagaram	HBS	Assistant Professor	Satya institute of technology
Mohmed Sabirunnisa Gouse	India	Andhra Pradesh	Visakhapatnam	English	Assistant Professor	ANITS
Kotnana Ramesh	India	Andhra Pradesh	Bhimavaram	BASIC SCIENCE	Assistant Professor	VISHNU INSTITUTE OF TECHNOLOGY
Ramya Krishna K M	India	Andhra Pradesh	Tirupati	Management	Admission Officer	Rajalakshmi Engineering College
Sri Ram Deepak Chivukula	India	Telangana	Hyderabad	Liberal arts and sciences	Student	Ashoka University
Dr Susarla Ramesh	India	Andhra Pradesh	Visakhapatnam	MBA	Asso Prof.	Vignan institute of engineering for women
Dr Sripurushot Tam Sekhara Rao	India	Andhra Pradesh	Srikakulam	Basic Science and Humanities	Assistant Professor	GMRIT Rajam
Dr M Sarah Kamala Kumari	India	Andhra Pradesh	Vizianagaram	English and Humanities	Senior Assistant Professor	MVGR COLLEGE OF ENGINEERING
Dr Chavvakula Sampath Kumar	India	Andhra Pradesh	Bhimavaram	Department of English	Head	KGRL Degree College Autonomous
Dr Sripurushot Tam Sekhara Rao	India	Andhra Pradesh	Srikakulam	Basic Science and Humanities	Assistant Professor	GMRIT Rajam
Anagha Sundhar Tk	India	Kerala	Kozhikode	Insurance management	Student	Pondicherry University
Anagha Sundhar Tk	India	Kerala	Kozhikode	Insurance management	Student	Pondicherry University karaikal campus
G Sai Jyothish	India	Andhra Pradesh	Chittoor	ECE	Assistant Professor	Siddharth institute of science and technology
Kadiyam Sajaya Kumari	India	Andhra Pradesh	Amalapuram	Department of English	Lecturer	APSWREIS A P Balayogi Gurukulam Godi Allavaram

Mumadi Vikram Narasim Ha Reddy	India	Andhra Pradesh	Cuddapah	Mechanical Engineering	Assistant Professor	JNTUA
Pasala Srihari	India	Andhra Pradesh	Visakhapatnam	IT	Assistant Professor	GMRIT
M Nagabhusha Na Rao	India	Andhra Pradesh	Srikakulam	English	Tuter	A Aditya Degre College srikakulam
Kakara Sasi Kumar	India	Andhra Pradesh	Penugonda	ENGLISH	Lecturer In English	SVKP Dr KS Raju ArtsScience College Autonomous
Dr Madhava Rao Kothapalli	India	Andhra Pradesh	Visakhapatnam	Finance	Assistant Professor	Gitam Institute of Management GITAM university
Annie Vidhya R	India	Tamil Nadu	Vellore	PG Research Department of English	Assistant Professor	VOORHEES COLLEGE VELLORE
Annu Gane	India	Andhra Pradesh	Visakhapatnam	Hotel Management	Trainer	Sun International Institute of Hotel Management
Dr K Ramesh Rao	India	Andhra Pradesh	Cuddapah	Humanities and Sciences	Assistant Professor	KSRM COLLEGE OF ENGINEERING KADAPA AP
Challa Krishnaveer Abhishek	India	Andhra Pradesh	Visakhapatnam	Journalism and Mass Communication	Soft Skills Trainer	Andhra University
Kola Manashwin I	India	Telangana	Warangal	Mba	Student	Kakatiya University
Sankara Rao Rongali	India	Andhra Pradesh	Visakhapatnam	Human Resources Management	Manager Hr	Andhra University
Aswanthp	India	Kerala	Kozhikode	MBA insurance management	Student	Pondicherry university karaikal campus
Srinu Babu Pragada	India	Andhra Pradesh	Srikakulam	Hr	Assistant Manager	CPF India private limited
Arun Kumar R	India	Telangana	Hyderabad	Scientific Writing and Publications	Senior Manager	United Scientific Group
Dr Vandana Singh	India	Uttarakhand	Dehradun	School of Management	Assistant Professor	IMS Unison University Dehradun

Yogita Pant	India	Odisha	Bhubaneswar	Management	Research Scholar	Himgiri Zee University Dehradun
Dolly Mangla	India	Haryana	Faridabad	Management	Assistant Professor	Aggarwal college ballabgarh
S Sharmilabanu	India	Andhra Pradesh	Cuddapah	ECR	Assistant Professor	KSRM COLLEGE OF
Dr Gouri Malhotra	India	Uttar Pradesh	Noida	Masscomm	Assistant Professor	Amity university
Dr M Kkasulam Ma	India	Andhra Pradesh	Visakhapatnam	English	Associate Professor	Sankethika Vidya Parishad Engineering College
Ramanjane Ya Reddy Nalavala	India	Andhra Pradesh	Cuddapah	CSE	Associate Professor	KSRM COLLEGE OF ENGINEERING KADAPA ANDHRA PRADESH
Sasikala	India	Tamil Nadu	Dindigul	English	Assistant Professor	Sakthi Arts and Science College for Women
Poli Lokeshw Ara Reddy	India	Andhra Pradesh	Cuddapah	ELECTRONICS AND COMMUNICATION ENGINEERING	Assistant Professor	KSRM COLLEGE OF ENGINEERING
Kdivyalaks Hmi	India	Andhra Pradesh	Pulivendla	ece	Assistant Professor	Ksrn college of engineering
Vr Gayathri	India	Andhra Pradesh	Tirupati	English	Research Scholar	Sri Padmavathi Mahila Visvavidyalayam Tirupati
M Chinna Sanjeeva lah	India	Andhra Pradesh	Cuddapah	Humanities and Sciences	Assistant Professor	KSRM COLLEGE OF ENGINEERING
Karanam Manoj Kumar	India	Andhra Pradesh	Visakhapatnam	English	Assistant Professor	NSRIT
Kniveditha	India	Andhra Pradesh	Cuddapah	Civil engineering	Assistant Professor	KSRM COLLEGE OF ENGINEERING KADAPA
Badugu Meshak Raju	India	Andhra Pradesh	Bhimavaram	Basic Sciences and Humanities	Assistant Professor	DNR College of Engineering and Technology
Sonia Yadav	India	Haryana	Ballabgarh	Management	Assistant Professor	Aggarwal College

Dr Hemamal Ini N	India	Tamil Nadu	Vellore	English	Assistant Professor	Marudhar Kesari Jain college for women
Pavan Kumar Nowbattula	India	Andhra Pradesh	Bhimavaram	Training and Placement Cell	Assistant Professor	SRKR Engineering College
D Vasanth A Vichikal A	India	Andhra Pradesh	Vizianagaram	Marhematics	Assistant Professor	Satya Institute of Technology And Management
Neelima Kalidindi	India	Andhra Pradesh	Bhimavaram	Training and placement	Assistant Professor	SRKR Engineering College
Nilofar Rashid	Saudi Arabia	Eastern Province	AlJubail	English	Supervisor	International Indian School Al Jubail K S A
R L Pravallika	India	Andhra Pradesh	Cuddapah	Cse	Assistant Professor	Ksrm clg of engg
Aamir Suhail	India	Uttarakhand	Roorkee	Management	Student	Pondicherry University
Kanchana Gunavathi	India	Andhra Pradesh	Tirupati	BSandS	Assistant Professor	Sree Rama Engineering college
Drradhika Challa	India	Andhra Pradesh	Guntur	English	Assistant Professor	DR YSRANUCET Acharya Nagarjuna University
Dr Rajendra Kumar Kona	India	Andhra Pradesh	Visakhapatnam	Mathematics	Assistant Professor	GIS
Nadella Jayaprada	India	Telangana	Hyderabad	HBS	Trainer	GITAM UNIVERSITY HYDERABAD
K Ch N Tarani	India	Andhra Pradesh	Visakhapatnam	Mathematics	Research Scholar	Andhra University
Dr I Joseph Suresh	India	Tamil Nadu	Kovilpatti	PG Department of English	Principal	Government Arts and Science college Kovilpatti
Dr Shilpi Kulshrestha	India	Rajasthan	Jodhpur	Management studies	Assistant Professor	JGI DEEMED TO BE University
Shruti Shrivastav	India	Uttar Pradesh	Kanpur	English	Assistant Professor	DAV College Kanpur
R Rajaboopathy	India	Tamil Nadu	Tuticorin	Computer Science	Assistant Professor	Aditanar College of Arts and Science
Dr S Maheswari	India	Tamil Nadu	Salem	English	Assistant Professor	Sri Sarada College for Women Autonomous Salem

Dr S Shenbaga Devi	India	Tamil Nadu	Tiruchchendur	Mathematics	Assistant Professor	Aditanar College of Arts and Science Tiruchendur
Dr Ratna Kumari Upadhyayul A	India	Andhra Pradesh	Visakhapatnam	EECE Department	Assistant Professor	GITAM Institute of Technology
Dr V Jesu Manicka Raj	India	Tamil Nadu	Tirunelveli	Department of Economics	Assistant Professor	St Johns College
Siril Arun S	India	Tamil Nadu	Tiruchchendur	Commerce	Assistant Professor	Aditanar college of Arts and Science
Gurram Umamahes War Rao	India	Telangana	Khammam	MBA	Director	Sarada Educational Society Khammam
Siril Arun S	India	Tamil Nadu	Tiruchchendur	Commerce	Assistant Professor	Aditanar college of Arts and Science
Dr M R Indumat Hi	India	Andhra Pradesh	Chittoor	High school	Teacher	APSWRIES GDNellore Chittoor AP
Dr P Ramamoort Hy	India	Tamil Nadu	Villupuram	Civil	Professor	Mailam Engineering college
Srilekha Garsha	India	Andhra Pradesh	Badvel	Mathematics	Lecturer	Loyola Degree College
Subramany Am Gangavara M	India	Andhra Pradesh	Tirupati	Basic Sciences and Humanities	Assistant Professor	Sree Vidyanikethan Engineering College
M Kalaivani	India	Tamil Nadu	Tiruvannamalai	English	Assistant Professor	Kamban College of Arts and Science for Women
Kjacinth Mispal	India	Tamil Nadu	Tuticorin	CHEMISTRY	Assistant Professor	ADITANAR COLLEGE OF ARTS AND SCIENCE
Karthike Yan C	India	Tamil Nadu	Coimbatore	English	Scholar	BHARATHIAR UNIVERSITY
Rushyen Dra Rao Ch	India	Andhra Pradesh	Visakhapatnam	Banking	Asst General Manager	Indian Overseas Bank
Swathi Sambangi	India	Andhra Pradesh	Visakhapatnam	Chemistry	Guest Lecturer	Visakha Government Degree college for women
Samiksha Jain	India	Delhi	Delhi	Amity School of Communication	Assistant Professor	Amity University
Dr C Raghavendr A Reddy	India	Andhra Pradesh	Tirupati	English	Assistant Professor	Sree Vidyanikethan Engineering College

Shashikala	India	Tamil Nadu	Kovilpatt	Computer Science	Assistant Professor	Government Arts and Science College
Ch Varalaks Hmi	India	Andhra Pradesh	Visakhapatnam	not applicable	Home Maker	not applicable
Drgrenuka Devi	India	Tamil Nadu	Aruppukkottai	English	Assistant Professor	Devanga Arts college Aruppukkottai
Dr S Packialaksh Mi	India	Tamil Nadu	Aruppukkottai	Commerce	Assistant Professor	Devanga Arts College Aruppukkottai
Vanteru Sudha	India	Andhra Pradesh	Kadapa	Computer science and engineering	Assistant Professor	KSRM COLLEGE OF ENGINEERING
Ravikanth K	India	Andhra Pradesh	Visakhapatnam	Applied psychology department	Post Graduate Student	Gitam university
Dr Binu Anitha Joseph	India	Tamil Nadu	Vellore	ENGLISH	Assistant Professor	VOORHEES COLLEGE VELLORE
Govindu Madhava lah	India	Andhra Pradesh	Nellore	Humanities and Sciences	Assistant Professor	NBKRIST VIDYANAGAR
Hazira Parveen	India	Tamil Nadu	Mad urai	Bsc Zoology	Student	MSS Wakf Board College
Dr Simon Philip	India	Tamil Nadu	Vellore	SOCIAL WORK	Assistant Professor	VOORHEES COLLEGE VELLORE
Maylyn Nalanga N Palma	Philippines	Eastern Visayas	Iloilo city	Zoology	Student	MTC College Jaro Iloilo city
Aditanar College	India	Tamil Nadu	Tiruchchendur	Mathematics	Associate Professor	Aditanar college of Arts and science Tiruchendur
D Merwin Rajesh	India	Andhra Pradesh	Cuddapah	Mechanical engineering	Assistant Professor	KSRM COLLEGE OF ENGINEERING
Dr L Dakshayani	India	Andhra Pradesh	Cuddapah	Genetics Genomics	Assistant Professor	Yogi Vemana University
C Madhava Reddy	India	Andhra Pradesh	Cuddapah	Biotechnology Bioinformatics	Assistant Professor	Yogi Vemana University
S Vignesh	India	Tamil Nadu	Tuticorin	Commerce	Assistant Professor	Aditanar College
Adavikolan U Sree Priya	India	Andhra Pradesh	Visakhapatnam	Mechanical	Student	Vignan institute of information and technology
Dr V Sunitha	India	Andhra Pradesh	Cuddapah	Geology	Associate Professor	Yogi Vemana University

Deepti Rani Sahu	India	Andhra Pradesh	Visakhapatnam	Training	Trainer	Institute
Yarava Ramana Reddy	India	Andhra Pradesh	Cuddapah	Physics	Assistant Professor	KSRM College of engineering Autonomous
F Anitha Florence	India	Tamil Nadu	Athipattu	English	Assistant Professor	Panimalar Engineering College
Reena Rachel	India	Andhra Pradesh	Visakhapatnam	GSGS	Student	GITAM
Dr P Sri Ramachand Ra Murty	India	Andhra Pradesh	Visakhapatnam	Mathematics	Associate Professor	Gitam Institute of Science
Mohd Abushahma	India	Uttar Pradesh	Mau	Department Of Management	Student	Pondicherry University
P Kishore Kumar Reddy	India	Andhra Pradesh	Palempalle	CIVIL ENGINEERING	Associate Professor	KSRM College of Engineering Kadapa
Rmanjul A Devi R	India	Tamil Nadu	Thiruvaur	Maths	Student	Rabiammal Ahamed Maideen Womens collage Thiruvarur
M Lalitha	India	Tamil Nadu	Tirunelveli	English	Assistant Professor	Sri Sarada College for Women
Bhaskar Daravath	India	Telangana	Hyderabad	Pharmacy	Assistant Professor	GITAM School of Pharmacy
A Umashankar Kumar	India	Andhra Pradesh	Cuddapah	Civil engineering	Asst Prof	KSRM COLLEGE OF ENGINEERING
P Subbaray Udu	India	Andhra Pradesh	Cuddapah	ECE	Assistant Professor	Ksrnce
Mangapa Thi Nerukon Da	India	Telangana	Hyderabad	BSH	Assistant Professor	B V Raju Institute of Technology
Thriveni Mindi	India	Andhra Pradesh	Visakhapatnam	English	Assistant Professor	Gitam university
Pratima Jeggumantr I	India	Andhra Pradesh	Visakhapatnam	School of Law	Assistant Professor	GITAM
Vijay Chittiboyin A	India	Andhra Pradesh	Visakhapatnam	School of Law	Assistant Professor	GITAM deemed to be University
E Hari Prasad	India	Telangana	Karimnagar	Business Management	Associate Professor	Vaageswari College of Engineering
Dr P Sreenivasul U Reddy	India	Andhra Pradesh	Visakhapatnam	English	Assistant Professor	GITAM
Daphni V	India	Tamil Nadu	Tirunelveli	Horticulture	Student	Horticultural college and research institute

Muthu Kanim	India	Tamil Nadu	Tuticorin	ZOOLOGY	Assistant Professor	A P C MAHALAXMI COLLEGE FOR WOMEN
Bhuvane Swari Pagidipa Ti	India	Andhra Pradesh	Bhimavaram	Training and Placement Cell	Assistant Professor	SAGI RAMA KRISHNAM RAJU ENGINEERING COLLEGE
Dr S Geetha	India	Tamil Nadu	Pala yam kotta i	English	Assistant Professor	Sri KGS Arts College Srivaikuntam
Hema Shanthara M	India	Karnataka	Bengaluru	IT	Investor	PESIT IIMB IIM Lucknow
Baireddi Palli Praveen	India	Andhra Pradesh	Tirupati	Department of English	Student	Sri Venkateswara University
Setty Sravya	India	Andhra Pradesh	Vijayawada	FED	Associate Professor	PSCMRCET
Dr Mram Chander Goud	India	Telangan a	Nalgonda	Biochemistry	Assistant Professor	Mahatma Gandhi University
Dr Kalpana D	India	Tamil Nadu	Chennai	CS	Assistant Professor	JHA AGARSEN COLLEGE
Spandan A Baggam	India	Andhra Pradesh	Visakhapatnam	Physics	Assistant Professor	GITAM
R Rama Krishna Reddy	India	Andhra Pradesh	Kurnool	English	Lecturer	PSCKVSC GOVERNMENT DEGREE COLLEGE NANDYAL
A Heba Rajili	India	Tamil Nadu	Chennai	English	Guest Lecturer	Womens Christian college
Ravi Teja	India	Andhra Pradesh	Visakhapatnam	ECE	Students	GITAM
Thoutreddy Anusha	India	Telangan a	Warangal	Department of business management	Assistant Professor	Vaagdevi degree and pg college
Siva Ram	India	Andhra Pradesh	Rajahmundry	ECE	B Tech	gitam
Chintala Bhuvanesh Babu	India	Andhra Pradesh	Visakhapatnam	ECE	Bhuvanesh	Gitam
Manikanta Appana	India	Andhra Pradesh	Amalapuram	Ece	Student	Gitam
G Sudipti	India	Rajasthan	Rawatbhata	ECE	Student	Gitam
Killamsetty Guna Deepak	India	Odisha	Visakhapatnam	Department of biochemistry and Bioinformatics	Student	GITAM

Palaparathi Bhargav	India	Andhra Pradesh	Guntur	Mechanical	Palaparathi Bhargav	Gitam university
Abhinash Ramesh	India	Andhra Pradesh	Gajuvaka	ECE	Abhinash	Gitam university
Roynaaz Banu Shaik	India	Andhra Pradesh	Anantapur	Cse	Roynaaz Banu Shaik	Gitam University
Dr M Boopala N	India	Tamil Nadu	Kanchipuram	Chemistry	Assistant Professor	Pachaiyappas college for men kanchipuram
Balaji Suhruth Padakan Ti	India	Andhra Pradesh	Visakhapatnam	Biochemistry	Student	GITAM INSTITUTE OF SCIENCE
Gopala Krishna Chimata	India	Andhra Pradesh	Eluru	ECE	Student	GITAM
Devi Sri Prasad Rekadi	India	Andhra Pradesh	Kakinada	Computer science and engineering	Devi Sri Prasad Rekadi	Gitam university
Nayakan Ti Siva Sagar	India	Andhra Pradesh	Kurnool	GIS	Student	Gitam University
Kopparapu Sruthi	India	Andhra Pradesh	Proddatur	ECE	Student	Gitam deemed to be university
Padmini Gogineni	India	Andhra Pradesh	Visakhapatnam	Biochemistry and Bioinformatics	Padmini	GITAM institute of science
S Purushotha M Reddy	India	Andhra Pradesh	Visakhapatnam	Bsc biochemistry	Student	Gitam
Niharika	India	Andhra Pradesh	Anakapa	Gitam institute of Science	Student	Gitam deemed to be university
Sanaboina Usha	India	Andhra Pradesh	Visakhapatnam	Nursing	Assistant Professor	Gitam Institute of Nursing
Deva Sai Komali Divya	India	Andhra Pradesh	Vizianagaram	MBA	Student	Gitam University
Akhila Mullapudi	India	Telangana	Hyderabad	Computers Science	Student	Gitam
Ramanadha M Ramesh Babu	India	Andhra Pradesh	Visakhapatnam	ENGLISH	Asst Prof	Gitam University
Nobi K Daniel	India	Karnataka	Bengaluru	Sciences and Humanities	Assistant Professor	Christ University
Varalakshmi Sirmani	India	Andhra Pradesh	Kurnool	Education	Junior Lecturer	AP Balayogi Gurukulam Kurnool
Kesav Madugula	India	Andhra Pradesh	Visakhapatnam	ECE	Student	Gitam University
Venkatesh	India	Andhra Pradesh	Rayachoti	Bbc	Madaka	sv arts college
Alekhyasrin Ivasulured Dy	India	Andhra Pradesh	Nellore	Biotechnology	Alekhya	Sv arts and science college

Vishnu Sagar	India	Andhra Pradesh	Tirupati	Bsc Biotechnology botany chemistry	Student	Sv arts college
Mapoorn Ima Priya Dharshini	India	Tamil Nadu	Tirunelveli	English	Guest Lecturer	RANI ANNA GOVERNMENT COLLEGE FOR WOMEN
Illupilla Maitreya	India	Andhra Pradesh	Bhimunipatnam	CSE	Student	Gitam
Asrita Jami	India	Andhra Pradesh	Visakhapatnam	Biotechnology	Oracle Cloud Consultant	Gitam
Yashika Goday	India	Andhra Pradesh	Visakhapatnam	IT	Software Engineer	Accenture
Lakshman Samardh	India	Andhra Pradesh	Visakhapatnam	Mechanical engineering	Lakshman Samardh	Gitam university
Jaipal Das Karanam	India	Andhra Pradesh	Visakhapatnam	English	Assistant Professor	GSGS
Prapulla Pavani Priyanka Lanke	India	Andhra Pradesh	Kakinada	ECE	Student	GITAM
Ekkirala Vedadri Krishna Srikar	India	Telangana	Hyderabad	ECE	Student	GITAM
Chukka Ganeah	India	Andhra Pradesh	Tirupatipi	Commerce	Business	Sv university tirupathi sv arts college
Shilpashree S P	India	Karnataka	Bengaluru	Physics	Assistant Professor	CHRIST University
Kaushikn	India	Andhra Pradesh	Tirupati	Maths electronic s computer science	Student	Sri Venkateswara University
Rimjhim Singh	India	Andhra Pradesh	Visakhapatnam	Biotechnology	Student	GIT
Mounika Dola	India	Andhra Pradesh	Srikakulam	ESBC	Srikakulam	Gitam university
Mathala Sreenivas	India	Andhra Pradesh	Rajahmundry	Ece	Student	Gitam
Alekhyia Vytla	India	Andhra Pradesh	East Godavari Dist.	Biotechnology	Teacher	Gitam institute of technology
Jogi Pavan Kumar Nani	India	Andhra Pradesh	Machilipatnam	biotechnology	Student	gitam
Abhay	India	Maharashtra	Chandrapur	civil engineering	Passed Out	Gitam
Changalam Arri Hemanth	India	Andhra Pradesh	Srikalahasti	Microbiology	Student	SV ARTS COLLEGE TIRUPATI
Charan Anish Kogila	India	Telangana	Suryapet	CSE	Btech	GITAM UNIVERSITY

Thaviti Raju Mamidipak A	India	Andhra Pradesh	Visakhapatnam	Cse	Student	Gitam university
Drd Jyothsna	India	Telangana	Suryapet	English	Associate Professor	Sri Venkateswara College Suryapet
Singamse Tty Asish	India	Andhra Pradesh	Atmakur	CSE	Student	GITAM UNIVERSITY
Chintam Rajya Lakshmi	India	Andhra Pradesh	Rayachoti	Humanities and science	Assistant Professor	Sri Sai institute of technology and science
Navya Veggalam	India	Telangana	Hyderabad	Arts and education	Student	Regional Institute of Education Mysore
Dr M Kiruthka	India	Tamil Nadu	Aruppukkottai	English	Assistant Professor	Devanga arts college
Madhu Salini Karri	India	Andhra Pradesh	Visakhapatnam	Gitam institute of science biotechnology	Student	Gitam university
Himaja Pegadraju	India	Andhra Pradesh	Visakhapatnam	Biotechnology	Student	GITAM University
Sushma Tangi	India	Andhra Pradesh	Visakhapatnam	Civil	Student	Gandhian Institute of Technology and Management
Boya Akhila	India	Andhra Pradesh	Kurnool	BA	Assistant Professor	Regional Institute of education
Dr Payala Vijayalaksh Mi	India	Andhra Pradesh	Visakhapatnam	Microbiology	Assistant Professor	GIMSR
Indira Guntoory	India	Andhra Pradesh	Visakhapatnam	Obg	Prof	Gimsr
Dr Srinivas Singiseti	India	Andhra Pradesh	Visakhapatnam	psychiatry	Assistant Professor	gimsr
Amudala Palli Siva Narayan A	India	Andhra Pradesh	Visakhapatnam	ANATOMY	Assistant Professor	GITAM INSTITUTE OF MEDICAL SCIENCES AND RESEARCH
Dr S Sivakumar	India	Tamil Nadu	Madurai	Commerce	Assistant Professor	Aditanar College of arts and science Tiruchender
Subhamitra Chatterjee	India	Telangana	Hyderabad	Physical Education	Teacher	Oakridge International School
Dr K Latha	India	Andhra Pradesh	Tirupati	Science and Humanities	Professor	SV College of Engineering Tirupati
Balla Sudha Rani	India	Andhra Pradesh	Visakhapatnam	OBG	Professor	GIMSR Medical college
Ch Gayatri Sri Sowmya	India	Andhra Pradesh	Visakhapatnam	CSE	Student	Gitam

Jagadeesh Rama Varma Vegesna	India	Andhra Pradesh	Bhimavaram	Cse	Student	Gitam
Mk Lavanya	India	Andhra Pradesh	Tirupati	HR	Assistant Manager	Amara Raja
Dr T Chandra Sekhar Yadav	India	Andhra Pradesh	Vijayawada	School of Management Studies	Assistant Professor	Lakireddy Balireddy College Of Engineering
Ramisett I Swathi	India	Andhra Pradesh	Avanigadda	School of Management studies	Assistant Professor	LAKIREDDI BALREDDY COLLEGE OF ENGINEERIN G
Ramisett I Swathi	India	Andhra Pradesh	Avanigadda	School of Management studies	Assistant Professor	LAKIREDDI BALREDDY COLLEGE OF ENGINEERIN G
Naveen Udumula	India	Andhra Pradesh	Kanigiri	MBA	Student	Lakireddy Balireddy College Of Engineering
Pamarthi Gayathri	India	Andhra Pradesh	Vijayawada	Master of business administratio n	Assistant Professor	Lakkireddy balireddy college of engineering

ANDHRA PRADESH NSS TEAM APPRECIATED GITAM NSS TEAM FOR THEIR COVID WORK



Andhra Pradesh NSS Applauds GITAM NSS Work During Covid

🕒 April 1, 2022



Vijayawada, April 1, 2022: Andhra Pradesh State NSS Officer, Dr. P. Ashok Reddy and NSS State Level Training Officer, Dr. P. Ramachandra Rao, during their recent visit to the GITAM Vizag campus applauded the efforts of GITAM NSS volunteers for rendering exceptional services during the challenging times of COVID-19. The Andhra Pradesh state NSS officers also appreciated GITAM (Deemed to be University) for adopting government schools to implement NSS service activities.

Prof. K. Sivaramakrishna, Vice-Chancellor, Prof. Jayashankar Variyar, GITAM Academic Pro Vice-Chancellor, Prof. D. Gunasekharan, Registrar Dr. A. Srinivas, NSS Coordinator were some of the other dignitaries present at the meeting.

National Service Scheme (NSS) Wing of the GITAM is functioning actively from the academic year 1986-87. In the year 2009-10, three NSS Units were sanctioned with the approval of AP State NSS Cell, Dept. of Higher Education, Govt. of Andhra Pradesh. The numbers of NSS units were increased from 10 to 19 Units in 2017-2018, in recognition to the services rendered to the society by the NSS wing of GITAM.



Andhra Pradesh NSS Applauds GITAM NSS Work During Covid

In a visit to the university, Andhra Pradesh State NSS officials applauded the efforts of GITAM NSS volunteers for rendering exceptional services during the challenging times of COVID-19
